



SUMMER CAMP

MAKING YOUR SOCCER DREAM A REALITY

FROM 13 TO 17
9TH OF JUNE TO 29TH OF AUGUST
SNUGBOROUGH RD, SNUGBOROUGH, DUBLIN, D15 EPN4, IRELAND



SCAN ME FOR MORE INFORMATIONS

DBS & IRELAND :

THE PERFECT PLACE TO TRAIN, LEARN, AND GROW



Why Choose DBS International Soccer Academy?

📍 Ireland's First Full-Time Soccer Academy

Located in Abbotstown, Dublin, DBS International Soccer Academy is the ideal academy for **both Irish and international players** looking to advance their careers, whether on the pitch or within the soccer industry.

🌐 A Globally Recognized Academy

Since 2010, we have welcomed players from all over the world, including **the United States, Canada, Australia, Europe, and the Caribbean.**

🎓 A Comprehensive Program

Beyond football, we provide a safe and enriching learning environment, focusing on personal development, education, and leadership to equip players for success both on and off the field.



Why Choose Ireland?

🛡️ A Safe and Welcoming Country

Ireland is one of the **top 3 safest countries in the world**, ensuring an ideal environment for young players and their families.

🗣️ A Unique Language Immersion

As the **only English-speaking country in the European Union**, Ireland offers the perfect opportunity to improve English skills while developing football abilities.

🌐 An Exceptional Setting

With stunning landscapes, a vibrant culture, and welcoming people, Ireland is the perfect place to grow, both as an athlete and as an individual.



WHERE ?



SNUGBOROUGH RD,
SNUGBOROUGH, DUBLIN,
D15 EPN4, IRELAND



WORLD-CLASS FACILITIES

INDOOR SOCCER PITCH

The National Indoor 3G pitches are world-class training facilities that are FIFA approved. Regularly used by the Irish Men's National Team will be the perfect setting for our players.



OUTDOOR TURF SOCCER

Used by Irish National teams of all ages from under 15s to senior level these pitches are a carbon copy of the ones at the national stadium where Ireland play their home games.

FIVE-A-SIDE PITCHES

A state-of-the-art Center of All-Weather Synthetic Pitches will also be used by our academy players to help with smaller game scenarios. 8 x 6-a-side pitches, all 40x30 meters each, 2 half pitches for small sided games & 1 Training Pitch 120 x 40 meters for full size matches. All of the facilities will be used at different stages of our program.





INDOOR ATHLETICS

This indoor running track, utilized by Ireland's top athletes to prepare for elite competitions, will also be available to our academy players. They will use this track for fitness testing and monitoring throughout their time with us.

INDOOR FUTSAL COURTS

This 1,800m² arena is home to some of Ireland's finest athletes in basketball, badminton, karate, and more. At DBS, we utilize these courts to elevate our players' tactical and technical skills.



MEETING/VIDEO ROOM

Our meeting rooms will be used for player evaluation, video analysis, player assignment presentations and much more.



FULLY EQUIPED GYM

This state-of-the-art gym is equipped with the latest tools for cardiovascular fitness, rehabilitation and recovery, plyometric exercises, and strength training, all of which are seamlessly integrated into individualized player strength and conditioning programs.



UEFA GRADUATED COACHES

Paul, our Academy Director, is a highly experienced coach with a broad background across various levels and age groups in Ireland. He has coached at the League of Ireland level with Shamrock Rovers, Bray Wanderers, and Klub Kildare. Additionally, Paul is a former FAI employee, where he worked with age groups ranging from U15 to U21, including the Women's National Team. He holds a UEFA A & Elite Youth A Licences, a Coach Developer Diploma from FAI/Sport Ireland.



PAUL O'BRIEN
ACADEMY DIRECTOR

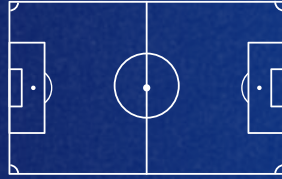


KEVIN BEGGY
ACADEMY COACH

Kevin Beggy is a seasoned academy coach with experience coaching at Dundalk Under 17's and currently at Shelbourne Under 15's. He has several years of coaching experience and holds a UEFA B license and is currently studying to obtain his UEFA A licence. Kevin's accomplishments are underpinned by his attainment of a Master's in High Performance from MBP School of Coaches.



THREE MAIN ELEMENTS



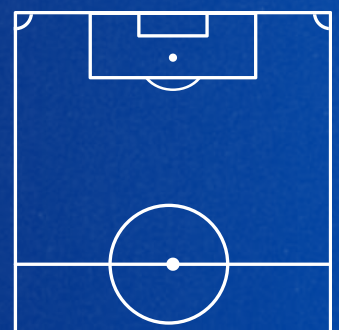
Pitch Sessions



Classroom Modules



Gym Sessions





PITCH SESSIONS

PLAYER POSITION SPECIFIC TRAINING (PPST)

Our pitch sessions have been developed in alignment with our training curriculum, designed to enhance players' game understanding, decision-making, and problem-solving skills specific to their roles on the pitch.

ACADEMY PLAYING & TRAINING KIT

We equip all our International players with our Academy training kits, ensuring they not only look the part on the pitch but also in the classroom and gym.



IN-GAME SCENARIO TRAINING

Our "In-Game Scenario Training" sessions are designed to replicate real match situations, enhancing players' tactical awareness, decision-making, and role-specific problem-solving skills, all in alignment with our training curriculum.

FEEDBACK REPORTS

Personalized feedback to track and evaluate performance with a focus on key technical and tactical areas to improve, whilst setting tangible goals.

CLASSROOM MODULES

COACHES VOICE MASTERCLASS

Learn from professional coaches as they share how they triumphed in big matches, and build training sessions inspired by their insights in the Coaches' Voice Masterclass.

GUEST SPEAKERS

Players will get insider knowledge straight from industry professionals, offering expert insights into the dynamic world of sport.



UEFA YOUTH LEAGUE MATCH ANALYSIS

Watch and dissect Under-19 UEFA Youth League matches, gaining valuable insights into tactics, player performance, and game strategy.



POSITION SPECIFIC MODERN TRENDS

Explore the intricacies of modern football positions and analyze how top professionals excel in today's game, mastering the latest trends and techniques.



GYM SESSIONS



PLAYER STRENGTH AND CONDITIONING PROGRAM

Each player receives a tailored program which implements cardiovascular, rehabilitation and recovery, plyometric, and strength training to help promote better performance, greater resilience, and improved overall effectiveness on the pitch.

EXPERT LED STRENGTH & CONDITIONING TRAINING

From day one in the gym, under the guidance of a dedicated strength and conditioning coach, players will perfect proper exercise techniques, building a strong foundation for their strength and conditioning progress.

INJURY PREVENTION

Players are introduced to essential injury prevention techniques to safeguard their physical well-being during training and matches, promoting sustained performance on the pitch.



SUCCESS STORIES



JESSIE STAPLETON

Jessica Stapleton (born 7 February 2005) is an Irish footballer who plays as a defender or midfielder for Reading on loan from West Ham United in the Women's Super League and the Republic of Ireland national team.

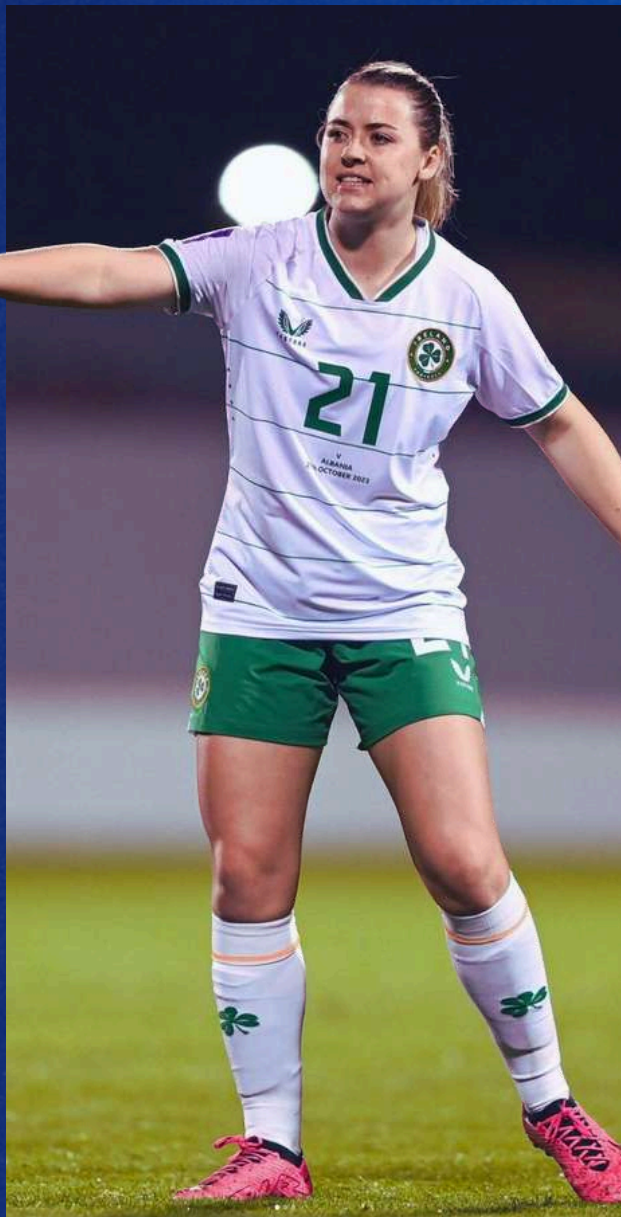
EVAN FERGUSON

Evan Joe Ferguson (born 19 October 2004) is an Irish professional footballer who plays as a centre-forward in the Premier League for West Ham on loan from Brighton & Hove Albion. He is a member of the Irish national team.



EMILY WHELAN

Emily Whelan (born 22. August 2002) is an Irish footballer who plays for Scottish Women's Premier League club Glasgow City and the Republic of Ireland women's national football team. She is a former Gaelic footballer.



GAVIN KILKENNY

Gavin Kilkenny (born 1 February 2000) is an Irish footballer who plays as a central midfielder in EFL League Two for Swindon Town.

REVIEWS FROM PARENTS

“ OUTSTANDING EXPERIENCE ”

“The DBS international Soccer Academy was an outstanding experience for my 2008 son. Not only was the training professional and state of the art, but the host family provided a once-in-a-lifetime experience.

My son travelled to Dublin alone for two weeks and could not wait to do it all again next summer.

Highly recommend the academy for a professional Soccer training experience, seamless communication with management and a wonderful experience overall.

Absolutely 5 stars.”

“ AMAZING COACHING POINTS ”

“My son attended the 2-Week International Camp just over 2 weeks ago and he hasn't stopped talking about it since. Eoin, Kevin, Fred and Rory provided amazing coaching points for my son which he was able to apply to his game.

The facilities are amazing and DBS staff were excellent from start to finish. They were able to help us find a host family in Ireland which was the perfect fit.

Would recommend this camp to anyone considering it!”



**REVIEW
FROM A
PLAYER**



CAMP OPTIONS

€749*

* SUBSEQUENT WEEKS PRICED AT €600 EACH.

- ✓ UEFA LICENSED COACHES
- ✓ ACADEMY PLAYING KIT
- ✓ COMPETITIVE MATCHES
- ✓ FULL-TIME SOCCER

CAMP DATES

 June 9th to August 29th


 Players Aged 13 to 17

Camp training will take place from :
Mondays, Tuesdays, and Thursdays: 10 AM - 1 PM
Wednesdays: 10 AM - 1 PM & 4 PM - 6 PM
Fridays: 10 AM - 1 PM & 6 PM - 8 PM

ACCOMMODATION (OPTIONAL)

 Homestay: €300 per week (includes breakfast & dinner)

 One-Time Accommodation Booking Fee: €50

 Homestays are subject to availability. Please contact us in advance if you would like us to arrange one.





FOOTBALL SUMMER CAMP + ENGLISH LANGUAGE

2025



Dates: 6th of July until 20th of July



Ages: 12 to 17 years-old

Duration	Price per student
1 week	€1,992
2 weeks	€3,701



What's Included:

- 15 hours per week of Football Training with expert coaches
- DBS Playing Kit
- Shuttle Service between Sport Ireland and Belvedere College
- 15 hours per week of project-based English lessons
- Evening Activities
- 1 full-day excursion every Saturday
- 1 half-day local excursion every Sunday (orientation on first Sunday)
- Full board accommodation (breakfast, lunch, dinner) at Belvedere College
- Residential Stay – Single en-suite rooms

Extras (Optional):

- Individual Airport Transfer: €95 each way
- Unaccompanied Minor Fee (ages 14-16): €65 for additional airport checks





WRITE YOUR OWN STORY



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